

CITY OF SOUTH PASADENA

SOCIAL SERVICES RESOURCE GUIDE



An all-in-one guide to provide the South Pasadena community with resources to improve the quality of life for those in need.

Thank you for accessing the City of South Pasadena Social Services Resource Guide. This document will be updated annually as the City's Social Services Team hears input from the community on their needs and hears from provider partners on new resources. This document includes direct links, scannable QR codes, and contact information for social services providers that service South Pasadena.

In this Guide:

- Mental Health Services
- Veterans Resources
- Domestic Abuse Assistance
- Educational Resources
- Homeless Outreach/Services
- Suicide Awareness
- Employment Resources
- Renter/Tenant's Resources
- Senior Resources
- Social Justice Organizations
- Hotlines



Stay Informed on Social Services

Please visit the Social Services webpage

<https://www.southpasadenaca.gov/i-want-to/social-services>

Contact Assistant to the City Manager, Tamara Binns for any questions.



(626) 403-7213



tbinns@southpasadenaca.gov

Mental Health Services



Los Angeles County Department of Mental Health (LACDMH)

Los Angeles County Department of Mental Health (LACDMH), the largest county mental health department in the country, directly operates more than 85 programs and contracts with providers to provide a spectrum of mental health services to people of all ages to support hope, recovery, and wellbeing. Mental health services provided include: assessments, case management, crisis intervention, medication support, peer support and other rehabilitative services. Services are provided in multiple settings including residential facilities, clinics, schools, hospitals, juvenile halls and camps, mental health courts, board and care homes, in the field and in people's homes.

If you or a loved one is experiencing or affected by mental health, substance use, or suicidal crisis, please call or text '988' (or chat online on 988 Suicide & Crisis Lifeline's website) for free, confidential, and immediate help.

- **Get help now: LACDMH 24/7 Help Line (800) 854-7771**

or

- **Contact Crisis Text Line ("LA" to 741741)**



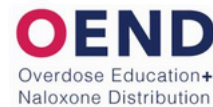
LOS ANGELES COUNTY
DEPARTMENT OF MENTAL HEALTH
hope. recovery. wellbeing.

Los Angeles Center for Alcohol and Drug Abuse (L.A. CADA)

Los Angeles Center for Alcohol and Drug Abuse (L.A. CADA) is a licensed and certified substance use and behavioral treatment provider by the State of California's Department of Health Care Services and the County of Los Angeles Department of Public Health – Substance Abuse Prevention and Control. L.A. CADA treats persons with addiction and behavioral problems by providing client centered, trauma informed, recovery orientated services, offered by a committed, caring and qualified staff of licensed, certified and registered professionals. L.A. CADA offers critical services across a wide continuum of care and treatment, including outpatient, intensive outpatient and residential programs. This full continuum of addiction care is available for adults, ages 18 and over. They also offer services to adolescents, ages 12 – 17, in an outpatient setting.



- LA County Health & Human Services **2-1-1**
- Life Threatening Emergencies 9-1-1
- LA County Substance Abuse Treatment Center
800-564-6600
- The Parents Toll-Free Helpline **855-DRUGFREE**
855-378-4373
- Monday – Friday, 7: 00 am – 3:00 pm Pacific time,
in English and Spanish



NALOXONE ACCESS POINTS

Come get **FREE NARCAN** to reverse opioid overdose and save lives at these locations:

Monday

Long Beach
10-2pm
Multi-Service Center
1301 W 12th St
Long Beach, CA 90813

Watts

3-5pm
Parking lot behind church
at: 9401 Zamora Ave
Los Angeles, CA 90059

Tuesday

Antelope Valley
11am-1pm
Antelope Valley Mental
Health 349-A East Ave. K-6
Lancaster, CA 93535

Wednesday

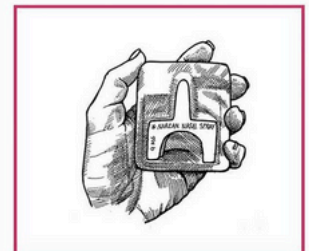
East Hollywood
Community Health Project
LA 10am-2pm
1151 N Western Ave
Los Angeles CA 90029

Thursday

Covina Naloxone Access Point
11am -1pm
510 S 2nd Ave
Covina, CA 91723

Friday

North Hollywood
9:00am - 1:30pm
Hope of the Valley Navigation
Center 11839 Sherman Way
North Hollywood CA 91605



Veterans Resources



Los Angeles County Department of Military and Veteran's Affairs (MVA)

Military and Veteran's Affairs (MVA) counsels veterans, their dependents and survivors regarding federal and state benefits such as compensation, pension, education, medical treatment, home loans, burial benefits and license plate designation. The accredited Veteran Service Officers (VSO's) also provide referrals for veterans regarding alcohol/drug abuse and Post Traumatic Stress Disorder (PTSD). MVA administers historical Bob Hope Patriotic Hall, a 10-story building with meeting rooms, auditorium, gymnasium, and banquet facilities available to veteran service non-profit organizations.

Contact Information:

- Department of Military and Veterans Affairs
- Bob Hope Patriotic Hall
- 1816 S. Figueroa St., LA, CA 90015
- info@mva.lacounty.gov | 877-4LA-VETS



Services Offered:

- Disability Compensation
- Veterans Pension
- Education
- Healthcare Locations
- Death Benefits
- Dependent Benefits

Programs:

- Women Veterans Program
- Outside the Wire
- Peer Navigator

Specialized Programs:

- College Fee Waiver
- Women Vets
- Minority Vets



Veteran Peer Access Network (VPAN)

The first-ever community-driven support network serving Veterans and their families in the U.S., the **Veteran Peer Access Network (VPAN)**, connects Veterans, regardless of discharge status, and their family members to community resources. This assistance is provided to address challenges confronting Veterans & their families, including housing, employment, education, financial assistance, health care, transportation and mental health. This new program is offered by JVS SoCal's Veteran Services department.

Resources available include:

- Mental Health
- Substance Misuse Support
- Housing
- Workforce Development and Employment
- Healthcare
- Education
- Food, childcare, transportation, financial assistance and more
- Legal Services
- Social Connection/Recreation

Veteran Peer Access Network (VPAN) Support Line:
800-854-7771, *3

To get support and resources for veterans and military family members 7 days a week 9am to 9pm



Domestic Abuse



Peace Over Violence

Peace Over Violence is a nonprofit organization providing Trauma informed, survivor centric services to victims of sexual and domestic/ Intimate partner violence. Services and programs include the 24 hour L.A. Rape & Battering Hotline, Emergency Services response; Domestic Abuse Response (DART), Sexual Assault response (SART) and accompaniment services to support those in need of criminal and civil legal advocacy and accompaniment support. Comprehensive Case management, legal advocacy for immigration and family law matters, and one on one counseling and support services are provide to victims from 12 years and older, offered in Spanish, English and community who are Deaf and Hard of hearing. Peace Over Violence is a violence prevention and training organization offering community education, professional trainings and empowerment self-defense in the community.

The Los Angeles Rape and Battering hotline is a confidential non-judgmental resource where staff and volunteers are available to provide emotional support, advocacy, information and referrals. If you or someone you care about has been a victim of sexual assault, domestic violence or intimate partner stalking, please call our 24 hour crisis line.

Central Los Angeles
213-626-3393

South Los Angeles
310-392-8381

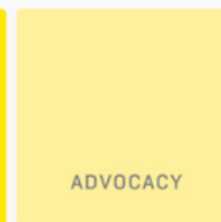
West San Gabriel Valley
626-793-3385

NATIONAL SEXUAL & DOMESTIC VIOLENCE HOTLINES

If you are not from this region you can find help through dialing the national hotlines.

Rape, Abuse, Incest National Network (RAINN)
800-656-HOPE (4673)
800-799-SAFE (7233)

National Domestic Violence Hotline
800-799-SAFE (7233)
800-787-3224 TDD



WHAT IS SEXUAL VIOLENCE?

Any sexual activity that is forced or nonconsensual by means of psychological coercion or physical abuse.

It includes all acts of sexual violence such as rape, forced sodomy, forced oral copulation, acts committed with foreign objects, sexual threats and intimidation, incest, sexual assault by intimate partners, child sexual abuse, human sexual trafficking, sexual harassment, street harassment and any other unwanted sexual activity. Sexual assault or rape can happen to anyone. People of any age, ethnicity, religion, sexual orientation or physical ability can experience sexual assault.

Educational Resources



Institute for the Redesign of Learning (IRL)

In 1974, four students from different backgrounds and with different disabilities entered the front door of their new school, the Almansor Education Center, located in Alhambra, California. From this humble beginning and with the unwavering conviction of its founder, Nancy J. Lavelle, Ph.D., that all students were capable and able of being competent, caring and contributing members of society, Almansor would become the **Institute for the Redesign of Learning (IRL)**. IRL now serves over 3,700 children and adults annually.

Contact:

Administrative Offices

99 Pasadena Ave, Suite 10C

South Pasadena, CA 91030

Phone: 213-607-4413

Almansor Academy

Special Education Day School Program (NPS)

1955 Fremont Avenue, South Pasadena, CA 91030

Phone: 323-257-3006 Fax: 323-341-5642

Colleen Turkal, Ed.D. – Program Director

Steven Thompson, Ed.D. – Program Director



My Next Chapter

A partnership between Thematic Learning Organization and Shelter37 has designed an educational and motivational program, **My Next Chapter** – Connecting Youth to a Brighter Future. They provide former foster youth & young adults with real life skill sets to help them in their transition into adulthood and give them an opportunity to secure employment and/or start their own business. The trainings are delivered by industry professionals and educators through in-person, virtual and online classroom settings. Trainings include how to set goals, stay focused, entrepreneurship, and building a financial foundation. They also offer scholarships!

Contact:

info@mynextchapterinc.com or

contact Attila Morgan, Program Director at 310-365-8377



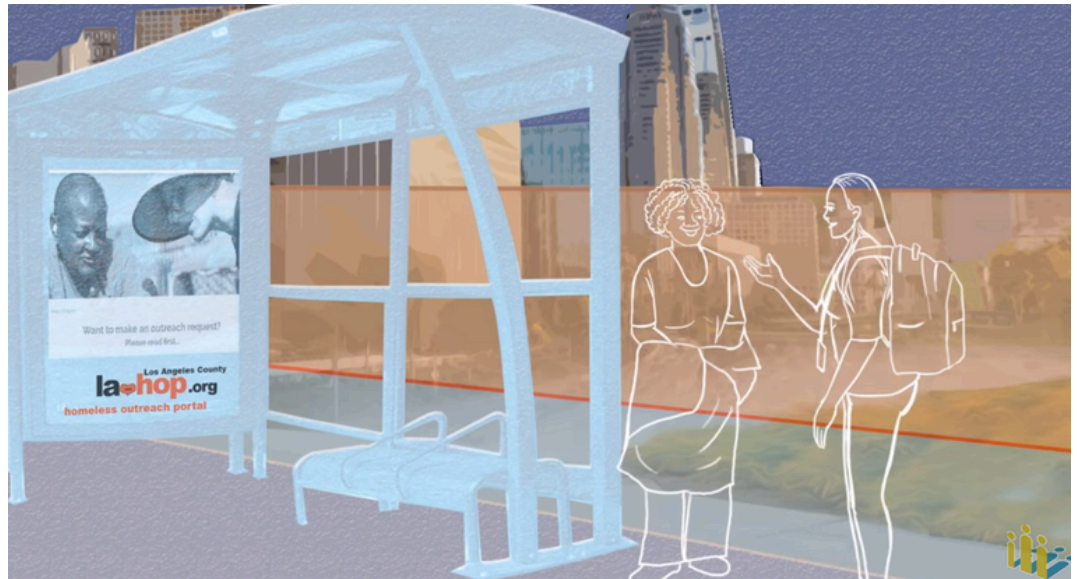
Homeless Outreach/Services



Homeless Outreach/Services

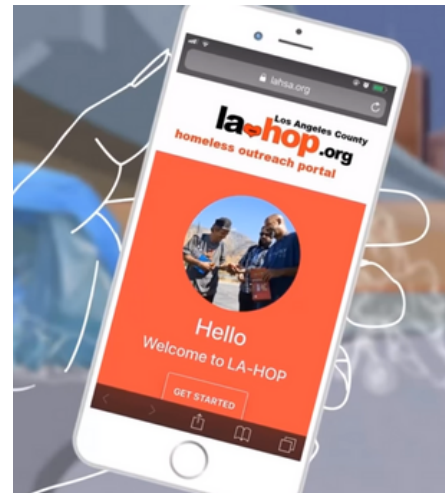
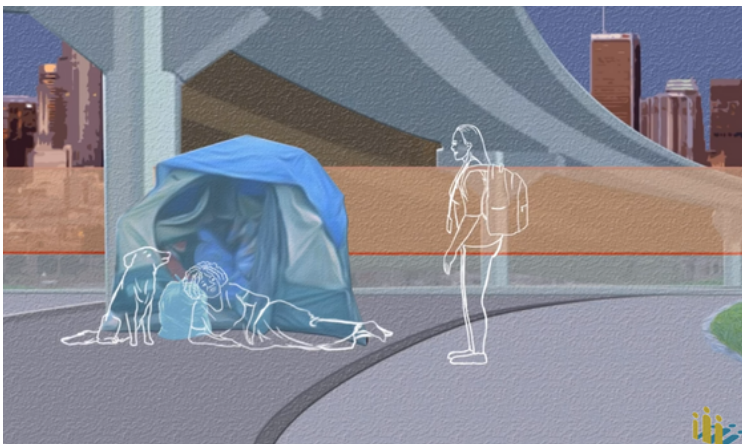
The Los Angeles Homeless Outreach Portal (LA-HOP) is designed to assist people experiencing homelessness in LA County with outreach services. To make a service request please visit LA-HOP.org to dispatch a homeless services outreach team to the area.

Los Angeles County
la-hop.org
homeless outreach portal



Homeless Outreach/Services for Families

For families with minor children experiencing homelessness, please call 211 and ask to be connected to the Coordinated Entry System for Families.



la-hop.org



Suicide Awareness



Suicide Awareness

988 Call Center for Suicide and Crisis Lifeline

For suicide awareness and intervention please call **988**

▶▶ Elements of 988 Call Center

The 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline) offers 24/7 call, text and chat access to trained crisis counselors who can help people experiencing suicidal thoughts, mental health crisis, substance use crisis or any other kind of emotional distress.

People can also dial 988 if they are worried about someone else who may need crisis support.

Emotional support via telephone, text or chat available 24/7/365

Services provided by trained mental health professionals

Crisis intervention and de-escalation

Risk assessment

Suicide prevention and intervention

Psychosocial support

Referral to local area resources

Follow up

Mobile crisis response deployment (in development)

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH OUTPATIENT SERVICES DIVISION DIRECTLY OPERATED MENTAL HEALTH CLINICS (MHC) BY SERVICE AREA

Arcadia MHC	(626) 821-5858	330 East Live Oak Ave Arcadia, CA 91006	Mon-Fri 8am-5pm	Dennis Griffin
East San Gabriel Valley MHC	(626)-430-2900 (626) 430-2999	1359 N. Grand Ave Covina, CA 91724	Mon & Wed 8am-7pm Tues, Thu & Fri 8am-5pm	Shawn Kim

Employment Resources



Thematic Learning Organization (TLO)

Thematic Learning Organization (TLO) is a nonprofit organization located in South Pasadena, California. Thematic was formed in 2014 by women who saw a need to bridge the gap between the underemployed and business owners who lacked skilled professional staff. Over the years the organization has expanded to include financial literacy education and has partnered with community leaders, professional athletes, and business owners to heighten awareness around how money works and the importance of building a solid financial foundation.

TLO's primary focus is equipping individuals with a marketable skill and qualifying them for gainful employment. For those who want to forge their own path, TLO offers resources and support to help them transition from employee to entrepreneur.

Contact:

info@thematiclearning.org

626-616-7790

2130 Huntington Drive, Suite 306

South Pasadena, CA 91030

**10:00am - 5:00pm Monday -
Friday**



Courses Offered:

- Financial Literacy
- Employee or Entrepreneur
- Career Readiness
- A Career in Cybersecurity
- A Career as a Life Insurance Agent
- A Career in Real Estate
- A Career As a Tax Professional
- Book Keeping 360
- Working with 21st Century Technology
- Communication (Personal vs Professional)



Foothill Workforce Development Board

The Foothill Workforce Development Board (FWDB) serves employers and job seekers in the San Gabriel Valley, by making investments in workplace skills development and job-specific training to help workers gain skills or obtain education and credentials that employers value. In turn, FWDB build relationships with businesses to understand their hiring needs and match qualified workers. They maintain close relationships with schools and colleges to communicate the skills that are needed in the labor market.

The Board is comprised of business owners, corporate executives, local educational organizations, labor unions, economic development agencies, government entities and community based organizations. FWDB oversees the implementation of the Workforce Innovation and Opportunity Act (WIOA) program and other workforce development programs.

Contact:

Foothill Workforce Development Board

Foothill Employment and Training Connection

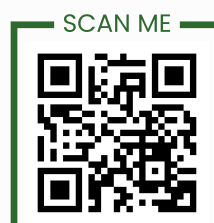
Employment Development Department

1207 E. Green Street

Pasadena, CA 91106

info@fwdbworks.org

626-796-5627



Renter/Tenant's Resources



Housing Rights Center

The **Housing Rights Center (HRC)** is the nation's largest nonprofit fair housing organization. HRC was founded in 1968, the same year Congress passed the Fair Housing Act, with the mission of promoting equal housing opportunity regardless of race, religion, gender, sexual orientation, national origin, familial status, source of income, or other characteristics protected by law. HRC provides free, multilingual information and services for tenants and landlords.

Free Services

- Housing counseling
- Discrimination investigation and disability accommodations
- Community workshops and events
- Affordable rental listings (Project Place)



Contact:

- Phone: 800-477-5977
- Email: info@housingrightscenter.org
- Hours: 8:30 AM - 5:00 PM
- Website: www.housingrightscenter.org



South Pasadena Tenants Union (SPTU)

South Pasadena Tenants Union (SPTU) was founded in 2016 in response to large-scale rent hikes and displacement, South Pasadena Tenants Union is a grassroots organization that promotes, defends and advocates for tenant rights and protections in the City of South Pasadena. We are a community of activists that believe in fair and affordable housing. We are in support of rent control and fair remedies to prevent displacement. SPTU aims to spread awareness, support and education for tenants throughout our city.

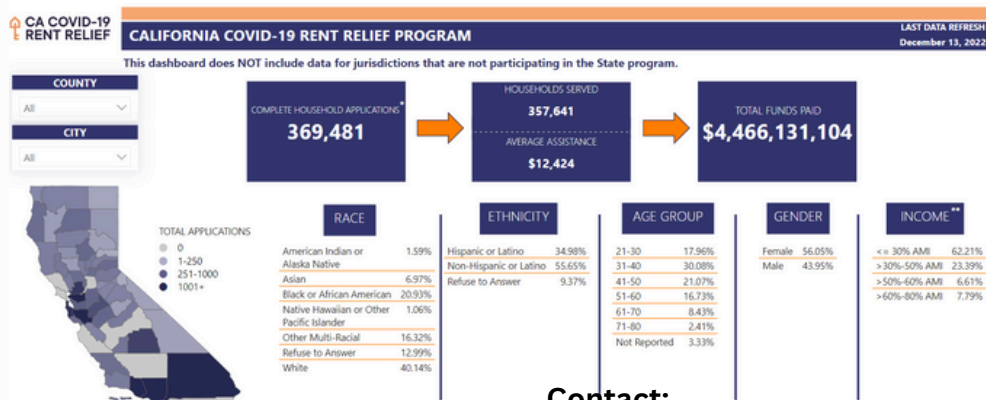
Contact:

<https://www.facebook.com/SouthPasTenantsUnion/>
southpastenantsunion@gmail.com



Housing.CA.Gov

Housing.CA.Gov offers resources for Renters, Landlords, and Homeowners. The California Mortgage Relief Program is now accepting applications. Homeowners, apply today to get caught up on your housing payments.



Contact:

For general questions and to check the status of your application, call 833-430-2122
To schedule an appointment with an organization in your area, call 833-687-0967

Senior Resources



Los Angeles County Department of Aging and Disability (AD)

The Los Angeles County Aging & Disabilities Department (AD) unites aging, disability, and community services. AD houses the LA County Commission for Older Adults and the Commission on Disabilities along with 14 local community hubs that provide a wide range of in-person services.

Elder and Dependent Abuse Hotline

Report abuse. Call 877-477-3645, 24 hours a day, 7 days a week to report; reporting may be anonymous.



Disability Information and Access Line

Call 888-677-1199 Monday-Friday to order free at-home covid-19 tests, make vaccinations appointments, and more.

Information & Assistance Referral Line for Older Adults

Call 800-510-2020 Monday through Friday from 8am to 5pm for local information for older adults including food resources, caregiver services, legal assistance, supportive services and more.



South Pasadena Senior Center

The South Pasadena Senior Center is a community focal point that opened in 1982, a “one stop shopping center” for services and activities. The Center’s mission is to offer a place in which older adults and persons with disabilities can meet with one another to fulfill their social, physical, emotional and intellectual needs. Center programs and activities are designed to enhance and support senior citizen independence and encourage involvement in and with the community.

Senior Citizens Foundation of South Pasadena, Inc: The Foundation was formed in 2006 to serve as a fundraising mechanism for the South Pasadena Senior Center. Each year they reach out to members of the center and the community to solicit donations that benefit the wants, wishes and needs of the Center. The Foundation has a 501©3 status and donations are tax deductible. For more information regarding the Foundation please visit SPSenior.org or follow them on Facebook and Instagram!

Senior Services Hours:

Monday - Friday

8:00 a.m. to 5:00 p.m.

626-403-7360

seniorcenter@southpasadenaca.gov

Services Offered:

- Dial A Ride
- Fitness Classes
- Senior Arts and Crafts
- Movies
- Senior Meals - Home Delivery
- Vaccination Clinics

Transit (Dial-A-Ride) Hours:

Monday - Friday

8:00 a.m. to 5:00 p.m.

626-403-7368



South Pasadena Senior Citizen Center

1102 Oxley Street, South Pasadena, CA, 91030

626-403-7360 seniorcenter@southpasadenaca.gov



Social Justice Organizations



Anti-Racism Committee (ARC)

The **Anti-Racism Committee (ARC) of South Pasadena** is a grass-roots organization committed to addressing the deep wounds of systemic racism in the City as well as working towards racial justice in government policy, public safety, education, housing, art, and community services, among others. ARC works in partnership with all community stakeholders in order to help foster accountability, equity, restorative justice, and empathic exchange.

Task Forces:

- Education Task Force - particular focus on South Pasadena Unified School District
- Political Action Task Force - focus on local policy in South Pasadena
- Public Safety Task Force - focus on redefining public safety and how to improve South Pasadena Police Department
- Storytelling Task Force - focus on local education and telling stories of racism and anti-racism in South Pasadena

Contact:

arc.southpasadena@gmail.com



Care First

Care First South Pasadena is a grassroots coalition of residents working to reimagine public safety and reallocate City dollars to reflect community priorities. Care First came together in the summer of 2020 after George Floyd's murder amid a global pandemic with a desire for a more just and inclusive community.

January 17, 2023 Care First South Pasadena was recently awarded John Anson Ford Human Relations Awards by Los Angeles County Supervisor Katherine Barger.

Programs:

- Actively advocates within City government - at the City Council and key Commissions - to adopt policies consistent with Care First goals
- Uses public records to learn more about City operations and programs, and share the information with the community
- Engages in community service by providing hot meals and supplies to unhoused community members in South Pasadena
- Brings experts to present on issues of community interest

Contact:

Email: carefirstsouthpas@gmail.com

Instagram: [@carefirstsouthpas](https://www.instagram.com/carefirstsouthpas)

Facebook: Care First South Pasadena



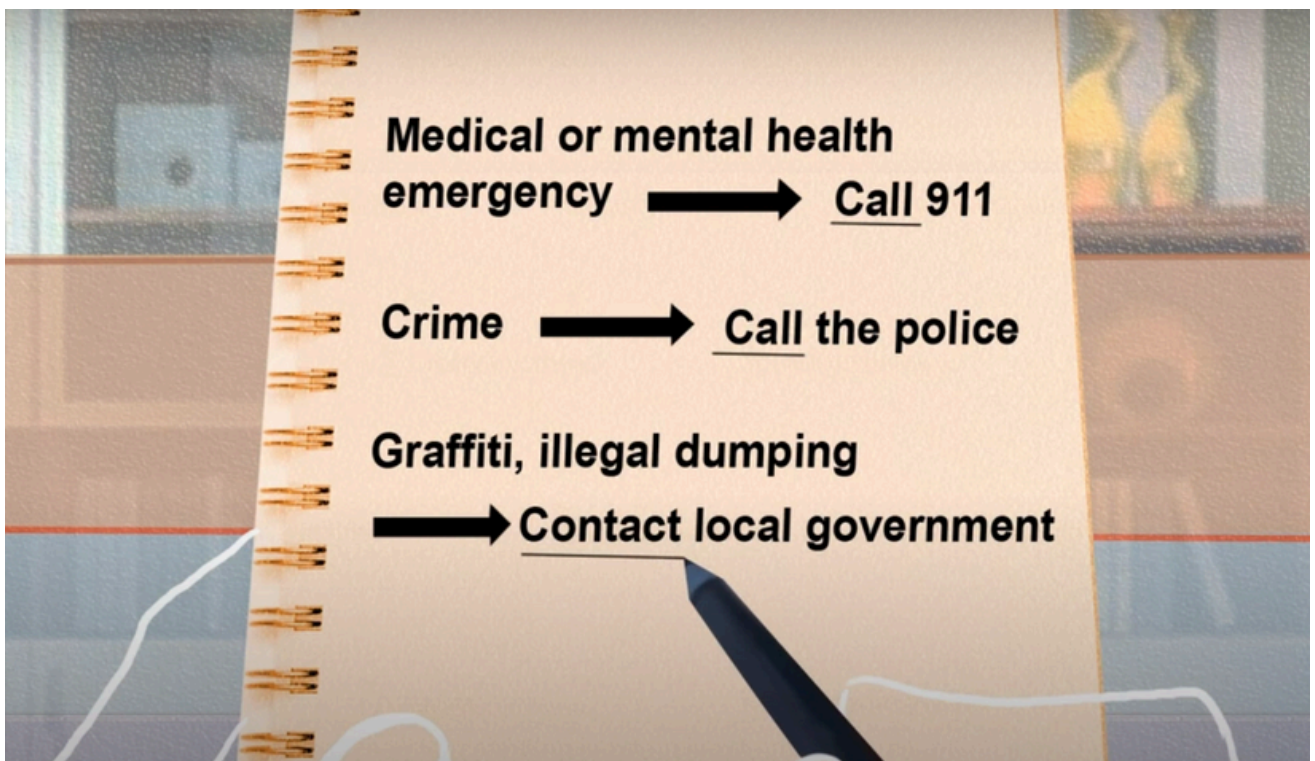


Hotlines

www.LA-HOP.org Homeless Services

Department of Mental Health 24/7 ACCESS Line: 800-854-7771

988 Suicide & Crisis Lifeline



FOR LIFE
THREATENING
EMERGENCIES
CALL 911

ACCESS 24/7
Help Line
(800) 854-7771



NOTES

Mayor Jon Primuth
District 3

Mayor Pro Tem Evelyn G. Zneimer
District 1

Councilmember Jack Donovan
District 2



Councilmember Michael Cacciotti
District 4

Councilmember Janet Braun
District 5

City Manager
Arminé Chaparyan



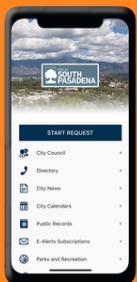
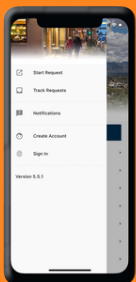
Contact Assistant to the City Manager, Tamara Binns for any questions.



(626) 403-7213



tbinns@southpasadenaca.gov



Download SouthPas Mobile!

- Service Requests
- More Information
- Quick Links to Resources

